

Counselling Courses at Harrow College 2011/12



Level 2 Introduction to Counselling Skills
Level 3 Intermediate Certificate in Counselling
Foundation Degree in Counselling

Harrow
COLLEGE

INTRODUCTION TO COUNSELLING SKILLS (LEVEL 2)

WHO IS THE COURSE FOR/ENTRY REQUIREMENTS?

This course is for anyone who is interested in counselling and personal development. This course is a pre-requisite for anyone wishing to progress onto the Level 3 Intermediate Certificate in Counselling Skills. No previous training is required and the course is open to anyone who is interested in counselling and personal development, so this may be the first step for some. This course would also benefit those who are interested in professional development, who have experience of working in voluntary or statutory sectors of health and social care, who are employed in areas where there is direct contact with people, or who wish to gain experience before committing themselves to further professional training.

WHEN AND WHERE?

This ten week, part-time course is held at Harrow Weald campus, starting on Monday 3rd October 2011 and Monday 16th April 2012. There is an option to attend from 10.00 a.m. – 1.00 p.m. or from 6.00 – 9.00 p.m. This programme also includes a one-day workshop (dates available on request).

ABOUT THE COURSE

This is a Humanistic course, which introduces the basic concept of the Person-Centred approach and counselling skills. The open programme offers course members the opportunity to sample the style of an experiential counselling skills course. Also included are activities on effective listening; attending skills; effective responding skills; giving and receiving constructive feedback; respecting difference and cultural diversity and to further personal development and self-awareness.

ON COMPLETING THE COURSE

Upon completion of Level 2, participants will have acquired basic counselling skills and have understood the demands and the nature of an experiential course, enabling them in consultation with tutors, to make an informed decision regarding further counselling skills training. The course provides sound basics for further training. Please note that completion of this course does not entitle you to practice as a professional counsellor.

COURSE FEES

The fee for the Introduction to Counselling Skills for 2011/2012 is £335.00.

INTERMEDIATE CERTIFICATE IN COUNSELLING (LEVEL 3)

WHO IS THE COURSE FOR/ENTRY REQUIREMENTS?

Eligible students must either have successfully completed the Level 2 Introduction to Counselling Skills, or its equivalent, e.g. a recognised introductory counselling course, or have received as part of their professional/career training an introduction to counselling skills. This course is a pre-requisite for anyone wishing to progress onto the Foundation Degree in Counselling.

WHEN AND WHERE?

This twenty week, part-time course is held at Harrow Weald campus, starting on Monday 30th January 2012. This course includes a three day residential event (17- 19 April 2012), the cost of which is included in the fee.

ABOUT THE COURSE

Following on from the learning on Level 2 Introduction to Counselling Skills, this course further explores the basic theoretical concepts underpinning the Person-Centred approach.

The aims of the course are for the learner to develop a range of counselling skills to a consistent level; to underpin these skills with an understanding of the Person-Centred Approach and to increase their self-awareness and their awareness of the impact that they have on other people. The course also aims to develop the learner to be emotionally prepared for the Foundation Degree in Counselling.

ON COMPLETING THE COURSE

Successful completion of Level 3 allows the learner to progress to further study and training. This course provides academic progression alongside a recognised career pathway. It combines the professional aspects, e.g. theoretical knowledge, counselling skills development, self-appraisal and commitment to provision of an ethical quality service and professional development element, which is necessary to ensure that the counsellor is fit to practice. **Please note that completion of this course does not entitle you to practice as a professional counsellor.**

COURSE FEES

The fee for the Intermediate Certificate in Counselling for 2011/2012 is £1,780.00.

ASSESSMENT & ATTENDANCE

Students on both Level 2 and Level 3 courses are expected to keep a journal to record their experiences and learning. Students are expected to complete written assignments and develop skills. The use of computers is mandatory. There is a minimum 80% attendance requirement to successfully complete each programme. As verbal communication is an integral component of the course, a reasonable grasp of spoken English language is required, as is written English.

HOW DO I ENROL?

For an application pack for Level 2 or Level 3, please contact the Administrator on 0208 909 6293 or by e-mail at meastwood@harrow.ac.uk. All applicants are required to attend an interview with the course tutor and take part in a group activity.

PROGRESSION TO OTHER COURSES AT HARROW COLLEGE

On successful completion of Level 2 Introduction to Counselling Skills, students can apply for a place on the Level 3 Intermediate Certificate in Counselling course. On successful completion of Level 3 Intermediate Certificate in Counselling course, students can apply for a place on the Foundation Degree in Counselling. Progression to both courses is dependent on successful application and interview.

FOUNDATION DEGREE IN COUNSELLING

WHO IS THE COURSE FOR?

This part-time programme has been designed to develop students' clinical and experiential understanding of the Person-Centred approach to counselling within an overall humanistic perspective of the therapeutic relationship and process.

WHAT QUALIFICATION DO I GET?

After successfully completing the programme you will be awarded a Foundation Degree in Counselling (FdA) from Middlesex University.

HOW LONG DOES IT TAKE TO ACHIEVE THE FOUNDATION DEGREE?

This is a part-time course, with approximately 9 contact hours (attending college) one day per week. First year students 2011/2012 will attend college on Thursdays, starting on Thursday 29th September 2011. The taught components of the course take place normally over 2.5 years, although it will take most students 3 – 3.5 years to complete all practical aspects.

ENTRY REQUIREMENTS

You will have successfully completed a Level 3 Intermediate Certificate in Counselling course or equivalent.

You will need to fill out an application form and attend a group and an individual interview.

You will need to complete an Enhanced Criminal Records Bureau Police Check (the cost of which you will need to cover) and also complete a college declaration form.

WHAT WILL I STUDY?

- | Person Centred Counselling / Counselling Skills
- | BACP (British Association of Counsellors & Psychotherapists) Ethical Framework and the Counselling Relationship
- | Supervision and Professional Practice
- | Personal Development
- | Sex & Sexuality / Addiction
- | Working with Diverse Groups and Counselling Settings 1 and 2
- | Professional Issues 1 / Loss & Bereavement
- | Humanistic Therapies
- | Research Methods.

N.B. The structure of the course is subject to review from year to year, whilst the content will remain similar.

HOW WILL I BE TAUGHT?

Through lecturer input, tutorials, seminars, experiential activities, small group work and pair work, by qualified, experienced and practising counsellors.

HOW WILL I BE ASSESSED?

Students' knowledge and understanding are assessed by essays, group and individual presentations and reflective individual cumulative records.

Students' cognitive skills are assessed by essays, group presentations, reflective individual cumulative records and by self, peer and tutor evaluation.

Student' practical skills are assessed by self, peer and tutor evaluation, reflective individual cumulative records, and viva voce (verbal examinations).

WHAT EQUIPMENT OR MATERIALS WILL I NEED?

Writing materials for note taking and access to a computer. You will also be required to cover the cost of the purchase of text books.

HOW DO I APPLY?

Contact the Administrator on 020 8909 6293 or be email at meastwood@harrow.ac.uk for an application pack. Return the completed application form and supplementary questions. Applicants will be required to attend a one-to-one interview and a group interview.

COURSE OFFER CONDITIONS

Harrow College normally runs the courses that are offered. However, courses that do not recruit to a satisfactory level may be withdrawn or closed.

QUESTIONS COMMONLY ASKED:

WHAT IS A FOUNDATION DEGREE?

A Foundation Degree is a work based qualification; therefore future employers will know that you have practical experience as well as academic and subject knowledge. On successful completion of the Foundation Degree, students will have attained 240 credits, which could be used when considering further study.

WHO VALIDATES THE PROGRAMME?

Middlesex University.

WHAT IS THE PERSON-CENTRED APPROACH?

The approach we offer on this programme is Person-Centred which can be found within the Humanistic tradition. The Person-Centred approach places value on the individual and has complete faith in the individual's ability to achieve their full potential, if given the right therapeutic conditions. It is imperative that students' own personal philosophy is compatible with the programmes.

WHAT IS THE PHILOSOPHY OF THE PROGRAMME?

The course philosophy is grounded in the theory and values of the Person-Centred approach to counselling as developed by Carl Rogers and his associates. In accordance with such a philosophy, emphasis is placed on providing students with a growth-enhancing learning environment, one which they have an active role in shaping and which optimally, fosters their potential as counsellors.

Training to become a professional counsellor is a privilege. Clients trust us with their private inner world, and it is therefore imperative that we work ethically and with integrity. This serious responsibility is reflected in the way the training is conducted on this programme. Students are required to meet the academic standard, and are also expected to be psychologically robust and able to develop attitudes which demonstrate their understanding and sensitivity when working with vulnerable people.

WHAT CAN IT LEAD TO?

Using counselling to supplement your current skills and profession or to develop your own counselling practice and career. You may also choose to study for a further university qualification on completion of the Foundation Degree.

ARE THERE ANY COMMITMENTS OUTSIDE COLLEGE?

Please note that it is compulsory for all students to attend a three day residential course in all three years of the programme. This year the event will be held 31 January – 2 February 2012.

Students are required to attend 80 hours of personal therapy during the course (30 hours in year 1, 30 hours in year 2, 20 hours in year 3). The cost of this is borne by the student. Please refer to the BACP website for typical hourly fees.

In the second and third years you will need to be in counselling placement for three hours a week (totalling 150 hours) to complete the programme, which we will support you in finding. Students will be required to complete supervision in accordance with BACP guidelines. Students may be required to fund this supervision themselves.

First and second year students are required to attend a one-day Summer School.

HOW MUCH DOES IT COST?

Fees for the academic year 2011/2012 are from:

	Tuition Fees	Residential	Registration
Year 1	£2210.00	£320.00	£35.00
Total	£2565.00		

Fees may be higher for the second and third year of your course depending on inflation, registration and assessment fees payable to Middlesex University and any changes in the costs of the residential programme.

Students pay £44 (subject to change) for a CRB check. In addition to the above fees, students will be expected to cover the costs relating to 80 hours of personal counselling, 40 hours of supervision, the purchase of text books and materials. There may be other costs incurred during the course.

FEES AND REFUNDS POLICY

We have made every effort to ensure the information in this brochure is correct when going to print. If there are any amendments to prices we will advise you before you enrol. Please see our Prospectus for Adult Learners (Professional Courses) for full fee and refund information.

FOR MORE INFORMATION:

Please contact the Administrator on 020 8909 6293 or meastwood@harrow.ac.uk



Harrow College is an organisational member of the British Association of Counselling and Psychotherapy and adheres to the BACP Ethical Framework. For further details and an application form, please contact Admissions:

Harrow College, Harrow on the Hill Campus
Lowlands Road, Harrow
Middlesex, HA1 3AQ
T: 020 8909 6046
F: 020 8909 6050
E: admissionshh@harrow.ac.uk
W: www.harrow.ac.uk

Harrow on the Hill Campus is only three minutes walk from Harrow on the Hill tube station on the Metropolitan line. Harrow bus station is a five minute walk and provides extensive links throughout North London.

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INVESTOR IN PEOPLE

NB Whilst every effort has been made to ensure the accuracy of the information supplied, Harrow College reserves the right to change or cancel event activities and modify or replace courses, trips, times, fees and facilities without prior notice. Some combinations of courses or subjects may not be available due to timetable constraints.